

At Cherrycroft

We try our best to help families. We know that growing up can be very hard for some children and teenagers. Everyone needs help sometimes...

Everyone needs someone to talk to and someone to listen.

The Cherrycroft Practice
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Bagshot, Surrey GU19 5AQ

Cherrycroft Practice 01276 301010



The Young People's Guide to The Cherrycroft Practice





What we do at Cherrycroft

Everyone at Cherrycroft wants to help young people and their families. We specialize in working with adoptive families.

Being a teenager can already be tricky and many young people we know struggle with their feelings becoming too big, problems with friendships and school work. Young people who are adopted often have questions or things they think about around being adopted. Our therapists have lots of experience in helping with these issues.

Why was I adopted?

Why do I feel so angry?!



Who is part of Cherrycroft?

We have different therapists in our team. Everyone is friendly and very keen to listen to you. We all understand that everyone needs help sometimes.

What happens when you come to Cherrycroft?

We try to make your visit as comfortable as possible, so your mum or dad can stay with you the whole time, or you can talk to your therapist by yourself. We have lots of things you can do while you talk – some people like to play games or draw or colour in. You can ask questions and you can say if you don't want to talk.

How long is the session?

Usually, it's around an hour long.



What you say?

We keep things that children say in therapy confidential. This means that we won't talk about what you say to people outside of Cherrycroft. The only time we must tell is if we think you or someone else isn't safe. We will do our best to let you know if we have to tell someone.

What if you are unhappy with your sessions?

If there is something you are unhappy with about your sessions at Cherrycroft we would really like to know so that we can sort it out. You can talk to your mum or dad, and they can tell us. We also have a feedback form you can fill out.

You can always talk to Claudia Wilson who will try her best to help.

If you are still unhappy then there are others that can try to help like:

- OFSTED Tel: 0300 1231231
- Your independent reviewing officer (IRO) or a social worker
- Children's commissioner: 020 7783 8330
- Child Line 0800 1111
www.childline.org.